



CUMBRIAN AWARD

adventure **enterprise** culture

Handbook for Schools

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Why the Cumbrian Award?

To “**BE**” that is our mission

BElong

BElieve

BEcome

Cumbrian Award enables children and young people to value their identity and feel a strong sense of belonging in a county that has so much to offer.

Cumbrian Award supports schools to provide curriculum experiences for their pupils that genuinely develop the seven essential skills and the attributes needed to thrive in a rapidly changing world.

The seven skills are:

Communication (including Speaking and Listening);

Problem Solving;

Creativity and Innovation;

Positivity and Self-belief;

Aiming High;

Showing Leadership;

Teamwork

It also provides the essential opportunities to apply and develop these independently in a range of environments – whether that be navigating a Lakeland fell, negotiating a boardroom meeting or performing on a theatre stage and beyond. In turn, the region will benefit by maximising the potential that our younger generations represent.

Successful completion of the award will also be recognised by local employers and the University of Cumbria when pupils progress their ambitions into further education or employment.

What is the Cumbrian Award?

Cumbrian Award is accredited by the University of Cumbria and consists of three strands. These are:

Adventure | Enterprise | Culture

Pupils can participate in Cumbrian Award from Year 5 – Year 9.

There are Primary and Secondary Cumbrian Awards:

Sethera Award (Year 5 & Year 6, Awarded in Year 6)

Dovera Award (Year 7 – Year 9, Awarded in Year 9)

*Sethera means six
and Dovera means
nine in Cumbrian sheep
counting dialect.*

By participating in Cumbrian Award, pupils will have access to quality adventurous, cultural and entrepreneurial experiences and opportunities.



What is a Quality Experience?

For the Sether Award, the expectation is that pupils will engage in the equivalent of a minimum of 10 hours in total per strand, linked to other curriculum work within the school over the course of Year 5 and Year 6.

For the Dover Award, the expectation is that pupils engage in the equivalent of 15 hours per strand per year over the course of Year 7, Year 8 and Year 9.

For each strand of Cumbrian Award, a Quality Experience will include a concrete activity such as an outdoor residential, coastal adventure, public performance based on local culture, an arts exhibition and sale etc. It must also include the learning experiences leading up to this concrete activity and pupil reflections on their learning and their skills gains from participating in the quality experience.

To ensure pupils have a 'quality' experience, the expectation is that these experiences will provide appropriate levels of challenge and promote both collaborative and independent learning opportunities with a strong emphasis on fostering ambition and confidence.

Cumbrian Award does allow for schools to deliver the requirements for each strand to suit curriculum design. This may be most effective if a school timetables and provides the experiences for each strand of Cumbrian Award in both Year 5 and Year 6 or in Year 7, Year 8 and Year 9, in a sequenced and progressive way. Alternatively, schools may decide to focus on particular Cumbrian Award strands in specific year groups.

A Quality Experience can combine a series of lessons with planned activities, as long as these activities are fully inclusive of all participating pupils. For example, some schools already have an adventurous residential which could form part of the overall Adventure Quality Experience, a business and enterprise programme, a geography field trip linked to curriculum objectives or a local cultural project such as a musical composition programme.

The criteria setting out the minimum expectation for a Quality Experience in each strand is set out in the appendix.

How does participation work?

Every participating pupil will have their own Cumbrian Award Passport. This Passport will provide evidence of successful completion of Quality Experiences for each strand of the award.

An electronic record of Cumbrian Award cohorts will also be maintained centrally by the individual school. From this, an automatically generated GDPR-compliant summary sheet will be shared with the Cumbrian Award team.

For each of the three Cumbrian Award strands, pupils will be given the opportunity to engage with the experiences below to achieve the full award:

Sethera Award (For each strand across Year 5 & Year 6)

2 Quality Experiences

1 Quality Assessed Workbook

Dovera Award (For each strand across Year 7 – Year 9)

3 Quality Experiences

1 Quality Assessed Workbook

Participating schools will need to demonstrate a long-term commitment to the ethos of Cumbrian Award, valuing each strand over the course of the relevant phase of the award.

How do the Passports work?

For the Sether Award, participating pupils must engage in at least two Quality Experiences totalling at least 10 hours for each strand of Enterprise, Adventure and Culture (6 quality experiences in total) across Year 5 and Year 6.

For pupils to successfully achieve each strand, at least one Quality Experience for each strand must be assessed by the school through pupil completion of either the relevant Cumbrian Award strand Workbook, or a comparable strand workbook designed by the school. Workbook sampling will form part of Cumbrian Award Quality Assurance process.

For the Dover Award, participating pupils must engage in at least three Quality Experiences totalling at least 15 hours for each strand of Enterprise, Adventure and Culture (9 experiences in total) across Year 7, Year 8 & Year 9.

For pupils to successfully achieve each strand, at least one Quality Experience for each strand must be assessed by the school through pupil completion of either the relevant Cumbrian Award strand Workbook, or a comparable strand workbook designed by the school. Workbook sampling will form part of Cumbrian Award Quality Assurance process.

Pupils will be awarded a Quality Experience Complete sticker for each strand Quality Experience they successfully complete.

Pupils can then place their stickers on the 'My Progress' page of their passport to build their own dry-stone wall and log their progress.

Sether Award Passport (Primary)

- 2 Quality Experiences for each of the
- 3 Cumbrian Award strands

Dover Award Passport (Secondary)

- 3 Quality Experiences for each of the
- 3 Cumbrian Award strands



How is the Cumbrian Award Achieved?

To achieve either the Sether or Dovera Cumbrian Award in either Year 6 or Year 9, pupils will need to collect all three Strand Completion Stickers in their passport.

STRAND COMPLETED

ADVENTURE

CUMBRIAN AWARD

PLACE STICKER

Workbook Assessed

Date

Teacher's signature

Experience 1

Description

Date completed

Teacher's signature

Experience 2

Description

Date completed

Teacher's signature

Experience 3

Description

Date completed

Teacher's signature

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Dovera | Page 9

STRAND COMPLETED

LOCAL BUSINESS

ENTERPRISE

CUMBRIAN AWARD

PLACE STICKER

Workbook Assessed

Date

Teacher's signature

Experience 1

Description

Date completed

Teacher's signature

Experience 2

Description

Date completed

Teacher's signature

Experience 3

Description

Date completed

Teacher's signature

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Yan-a-dick | Page 11

STRAND COMPLETED

CULTURE

CUMBRIAN AWARD

PLACE STICKER

Workbook Assessed

Date

Teacher's signature

Experience 1

Description

Date completed

Teacher's signature

Experience 2

Description

Date completed

Teacher's signature

Experience 3

Description

Date completed

Teacher's signature

Page 12 | Tyan-a-dick

Tethera-a-dick | Page 13

Special Circumstances

The award is portable for pupils who move between participating Cumbrian Award schools. In the event that a pupil arrives at a school at a mid-point of the award delivery, the school may be able to provide such opportunities that they can still achieve Cumbrian Award.

This will require provision of sufficient experiences to merit each Strand Completion sticker. The school may be able to evidence that they have provided additional opportunities for the pupil, or evidence that outside of school, the pupil has engaged in activity that represents additional engagement with each strand, or evidence through a combination of both. Schools can contact the Cumbrian Award team to discuss individual contexts to consider what may be possible.

Appendix 1 – Quality Experience Criteria



Adventure

All adventurous experiences must fulfil each of the criteria below to successfully meet the requirements as a Quality Experience. For the full award, at least one Quality Experience must include completion of a strand Workbook.

- The experience will be inclusive and Poverty Proofing principles applied
- The experience will be accessible to all participating pupils
- Pupils will be involved in the planning process for the concrete adventure experience
- The experience will provide opportunity for pupils to understand the purpose and benefits of the adventure experience and take an active part in preparation for the concrete physical adventure
- The experience will develop pupils' personal development and skills
- The experience will include planned opportunities to apply and develop the seven essential skills: Communication (including Speaking and Listening); Problem Solving; Creativity and Innovation; Positivity and Self-belief; Aiming High; Showing Leadership; Teamwork
- Pupils will have the opportunity to express their feelings and beliefs about the experience before and after the concrete physical adventure
- The experience will provide planned opportunities for pupils to identify what they have gained through participation
- The experience will link to curriculum objectives
- The experience will be planned and complement the school's curriculum, elevating classroom learning already being undertaken
- The concrete physical adventure experienced by the pupils will take place beyond the classroom, either in the local community or within Cumbria
- Experience will take advantage of the Cumbrian landscape and enrich pupil learning of their local community or the rest of Cumbria

Enterprise Quality Experience Criteria



Enterprise

All entrepreneurial experiences must fulfil each of the criteria below to successfully meet the requirements as a Quality Experience. For the full award, at least one Quality Experience must include completion of a strand Workbook.

- The experience will be inclusive and Poverty Proofing principles applied
- The experience will work with the support of a Cumbrian business or entrepreneur•
- The experience will work with the support of a Cumbrian business or entrepreneur
- The experience will be supported and inspired by a Cumbrian business or entrepreneur, through verbal or written advice, resources, time or visits
- The experience will benefit and make a positive contribution to the local community
- The experience will aim to support or enhance the local community. If a profit-driven experience is completed, the profit will be used to benefit the local community or the pupils in some way
- The experience will have broader curriculum linked objectives
- The experience will elevate and complement learning being undertaken in the curriculum
- The experience will develop pupils' personal development and skills
- The experience must include planned opportunities to apply and develop the seven essential skills: Communication (including Speaking and Listening); Problem Solving; Creativity and Innovation Positivity and Self-belief; Aiming High; Showing Leadership; Teamwork
- The experience will be rewarding and fulfilling for all pupils, regardless of circumstances or abilities
- All pupils will be given the opportunity to participate and complete the entrepreneurial experience, and it will be adapted to accommodate all special circumstances

Culture Quality Experience Criteria



Culture

All cultural experiences must fulfil each of the criteria below to successfully meet the requirements as a Quality Experience. For the full award, at least one Quality Experience must include completion of a strand Workbook.

- The experience will be inclusive and Poverty Proofing principles applied
- The Experience will be supported by a Cumbrian cultural practitioner
- The experience will engage and be inspired by a Cumbrian cultural practitioner or business, through verbal or written advice, resources, time or visits
- The experience will give pupils the opportunity to reflect on the culture that Cumbria, and their local community, exhibit
- Pupils will develop an understanding of the quality of culture Cumbria has to offer. This can be completed through visiting, listening, or seeing cultural activities take place by Cumbrians or in Cumbria
- The experience will develop pupils' personal development and skills
- The experience must include planned opportunities to apply and develop the seven essential skills: Communication (including Speaking and Listening); Problem Solving; Creativity and Innovation; Positivity and Self-belief; Aiming High; Showing Leadership; Teamwork
- The experience will allow pupils the opportunity to develop and create their own piece of culture relating to Cumbria
- Piece can be created in any cultural format e.g. painting, music, literature, dance and can be completed individually or as a group
- The experience will be rewarding and fulfilling for all pupils, regardless of circumstances or abilities
- All pupils will be given the opportunity to participate and complete the cultural experience, and it will be adapted to accommodate all special circumstances
- The experience will encourage and develop cultural awareness and creative skills
- All pupils will be given the opportunity to participate in tasks which encourage creativity, innovation, flexibility and increase confidence and self-efficacy

Appendix 2 – What some of our participating schools say about the Cumbrian Award



Why does your school participate in Cumbrian Award?

“It has given us some additional structure to achieve our aim of helping prepare our children for a productive and happy future that doesn't have to include leaving the area for opportunity. We are very aware of the range of soft skills they can practise and the quality of experiences we can provide through the award” (Primary School)

“We want to be part of an exciting initiative and develop students' knowledge and understanding of their local environment and develop their pride in being Cumbrian. We also wish to consolidate the many quality local opportunities we give our students in the areas of Cumbrian adventure, culture and enterprise and reward them with a recognised and valuable qualification.” (Secondary School)

What quality experiences have you completed or do you plan to complete for the Culture, Adventure and Enterprise strands for Cumbrian Award?

“For the Culture strand, we have visited Dove Cottage in Grasmere to learn about William Wordsworth. The children took part in a poetry session where they wrote their own poems inside Dove Cottage, using the same inspirations as Wordsworth. The children also studied some of Wordsworth's poems and had a go at reading them aloud. Our school are holding a poetry reading competition and Y6 children have chosen from a range of poems by Cumbrian poets to learn and read aloud.

“For the Adventure strand, we are visiting Rydal caves to explore somewhere that most of the children haven't been before.

“For the Enterprise strand, we are holding a Cumbrian food festival. The children will be making their own Cumbrian produce with the help from local business and then selling them to parents and the local community.” (Primary School)

“Just this term, we will be participating in an Adventure Away From Home two-night residential at YHA Hawkshead. Arts award students have been to see a performance of Our House at Carlisle College, they have been completing research on Cumbrian artists, they will work with the Knotted Project and perform at The Forge Festival. Students are also completing a sustainable enterprise challenge with Leading Change.

How have your pupils benefitted from participating in Cumbrian Award Quality Experiences?

“Our pupils have benefitted by having opportunities to take part in experiences they wouldn't usually get to do. Last year we went to Buttermere which provided a big physical challenge for some of our children. But they felt empowered and proud afterwards because of their achievement. Our Culture experience has supported children with their creativity and helped them to realise their potential as writers.”
(Primary School)

“Students have benefitted from seeing a live musical performed by students at Carlisle College, working on their reflective skills to write a review based on this. With the Knotted Project they will focus on skills development and create a physical theatre piece. Year 8 students visit the Beacon Museum in Whitehaven to find out about a local organisation, view gallery works and discuss and write up their findings on this.

“Students have benefited by designing and constructing upcycled planting boxes and they have explored local mining, fishing and folklore heritage using a Tale Trail.”
(Secondary School)

How does Cumbrian Award support your curriculum work within the classroom?

“Cumbrian Award has supported our English curriculum through poetry, writing and independent writing. Our Enterprise idea will support children's design and technology skills, especially the food technology side.” (Primary School)

“Cumbrian Award supports the curriculum by allowing us to focus specifically on Cumbrian elements and seek out local partners and opportunities.

“Cumbrian Award model has made us think about where we currently cover enterprise learning in different subjects, how we can cover it in more subjects and how we can develop our curriculum to include more opportunities for students to learn in this strand.” (Secondary School)



Quality Experience Examples





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adventure enterprise culture

