



Western Excellence in  
Learning & Leadership

# WELL Annual Planner 2023-24

## Universal Grant Offer Schools

This planner is designed to support your engagement with WELL and the implementation of your plans. This plan will be updated throughout the year, so please make sure you keep checking to receive the most up to date details and WELL events.



2023

2024

Autumn Term

**GL ASSESSMENTS FOR RR SECONDARY PROJECT**  
19 September  
15:30 – 16:30  
Online

**GTT LEARNING COMMUNITY AUTUMN**  
17 October  
15:35 - 17:00  
Online

**YOUTH MENTAL HEALTH FIRST AID 2**  
14 November  
09:30 – 16:30  
Online

**MATHS HUB**  
20 September  
09:00 – 17:00  
Hunday Manor Hotel

Autumn Half Term

**31 October**  
Grant Offer Deadlines

**RR SECONDARY COMMUNITY MEETING 1**  
16 November  
15:45-16:45  
Online

**EFFECTIVE SCHOOL IMPLEMENTATION FOR NEW LEADERSHIP TEAMS**  
26 September  
09:30 – 15:30  
Whitehaven Golf Club

**PP WORKSHOP WITH MARC ROWLAND**  
Choose one of the 3 dates:  
6 November 09:00 -12:00  
Whitehaven Golf Club  
6 November 13:15 – 16:15  
Whitehaven Golf Club  
7 November 09:00 -12:00  
Whitehaven Golf Club

**METACOGNITION & SELF-REGULATED LEARNING DAY 1**  
21 November  
09:30 - 15:30  
Whitehaven Golf Club

**29 September**  
RR 22/23 Evaluation Deadline  
GTT 23-24 GOL Deadline

**RR SECONDARY TRAINING DAY 2**  
22 November  
09:00 – 15:00  
Energus

**CUMBRIAN AWARD 23/24 WEBINAR**  
6 October  
15:30 – 16:30  
Online

**PP GOVERNOR WEBINAR WITH MARC ROWLAND**  
6 November 18:30 – 20:15  
Online

**BEING AN EVIDENCE INFORMED GOVERNOR**  
5 December  
18:00 – 20:00  
Energus

**EVIDENCE BASED SCHOOL IMPROVEMENT BEYOND YOUR WELL PLAN**  
12 October  
09:30-12:30  
Hunday Manor Hotel

**YOUTH MENTAL HEALTH FIRST AID 1**  
8 November  
09:30 – 16:30  
Whitehaven Golf Club

**RR MIXED PHASE TRAINING DAY 1**  
6 December  
09:00 – 15:00  
Energus

**DEVELOPING GREAT TEACHING CONFERENCE**  
13 October  
12:30 – 16:00  
Whitehaven Golf Club

**YOUTH MENTAL HEALTH FIRST AID 1**  
10 November  
09:30 – 16:30  
Whitehaven Golf Club

**YOUTH MENTAL HEALTH FIRST AID 2**  
14 November  
09:30 – 16:30  
Online

Spring Term

**EVALUATING YOUR IMPACT FOR UNIVERSAL GRANT OFFER SCHOOLS**  
Choose one of the 3 dates:  
16 January  
09:30 – 11:30  
Whitehaven Golf Club  
18 January  
15:30 – 17:00  
Whitehaven Golf Club  
24 January  
13:30 – 15:30  
Energus

**ACTION RESEARCH 2**  
Choose one of the 2 dates:  
27 February  
13:00 – 15:30  
Energus  
28 February  
09:00 – 11:30  
Whitehaven Golf Club

**YOUTH MENTAL HEALTH FIRST AID (YMHFA) 3**  
09:30 – 16:30  
Whitehaven Golf Club  
Day 1 – 4 March  
Day 2 – 5 March

Spring Half Term

**ELSA PRE-COURSE INFORMATION SESSION**  
6 February  
15:30 – 16:30  
Online

**ELSA TRAINING DAY 3**  
5 March  
09:15 – 15:00  
Greenhill Hotel

**ELSA TRAINING DAY 1**  
20 February  
09:15 – 15:00  
Greenhill Hotel

**RR SECONDARY COMMUNITY MEETING 2**  
6 March  
15:45 – 16:45  
Online

**METACOGNITION & SELF-REGULATED LEARNING DAY 2**  
20 February  
09:30 - 15:30  
Whitehaven Golf Club

**GTT LEARNING COMMUNITY SPRING**  
12 March  
15:35 - 17:00  
Online

**ELSA TRAINING DAY 2**  
27 February  
09:15 – 15:00  
Greenhill Hotel

**MADE 24**  
13 March  
09:00 – 17:00  
Energus

**ELSA TRAINING DAY 5**  
19 March  
09:15 – 15:00  
Greenhill Hotel

Summer Term

**YOUTH MENTAL HEALTH FIRST AID 4**  
Day 1 – 22 April  
09:30 – 16:30  
Energus

**METACOGNITION & SELF-REGULATED LEARNING DAY 3**  
23 April  
09:30 - 15:30  
Whitehaven Golf Club

**YOUTH MENTAL HEALTH FIRST AID 4**  
Day 2 – 24 April  
09:30 – 16:30  
Energus

**ACTION RESEARCH 3: RE-ENERGISER AND STOCK TAKE SESSION**  
1 May  
13:00 – 15:00  
Online

**ELSA CONFERENCE**  
4 June  
09:30 – 15:30  
Energus

**YOUTH MENTAL HEALTH FIRST AID 5**  
09:30 – 16:30  
Whitehaven Golf Club  
Day 1 – 5 June  
Day 2 – 6 June

COMPLETE EVALUATION SURVEY

**10 June**  
WELL Evaluation 2024 Survey Circulated

**RR MIXED PHASE TRAINING DAY 2**  
25 June  
09:30 – 15:30  
Energus  
**POSTPONED UNTIL AUTUMN TERM**

**28 June**  
WELL Evaluation Survey 2024 Closes

**ACTION RESEARCH 4 WRITE-UP SESSION**  
Choose one of the 2 dates:  
3 July  
09:00 – 12:00  
Whitehaven Golf Club  
13 July  
15:30 – 16:00  
Whitehaven Golf Club  
**CANCELLED DUE TO UNFORESEEN CIRCUMSTANCES**

Summer Half Term

**RR SECONDARY CELEBRATION EVENT**  
9 July  
09:30 – 15:30  
Energus  
**POSTPONED UNTIL AUTUMN TERM**

**GTT LEARNING COMMUNITY SUMMER**  
11 July  
12:30 – 15:15  
Energus

# How to Book

**Courses are available to book via the School Development Team or WELL Invitation**

**Please consult pages 4 and 5 for how to book each WELL Course.**

## **Booking via WELL Invitation:**

The WELL Team will contact you directly with an invitation to these events.

## **Booking via the School Development Team:**

1. Registered users can book through the online system SLA Online
2. Email the School Development Team at [School.development@cumberland.gov.uk](mailto:School.development@cumberland.gov.uk)
3. Call the SDT team on 01228 221315 / 221316

**Please email the WELL Team at [WELL@cumberland.gov.uk](mailto:WELL@cumberland.gov.uk) for more information or clarification of booking methods.**

# Courses Available via WELL Invitation

The WELL Team will contact you directly with an invitation to the below events:

Invitations are sent based on your school's participation in WELL Elements. If you would like to attend one of the events listed below but are yet to receive an invitation, please email the WELL Team at [WELL@Cumberland.gov.uk](mailto:WELL@Cumberland.gov.uk) to discuss.

- Cumbrian Award 23/24 Webinar
- Great Teaching Toolkit Autumn Learning Community
- Reciprocal Reading Secondary Community Meeting 1
- Reciprocal Reading Secondary Training Day 2
- Reciprocal Reading Primary Training Day 1
- Reciprocal Reading Secondary Community Meeting 1
- Great Teaching Toolkit Spring Learning Community
- Reciprocal Reading Primary Training Day 2
- Reciprocal Reading Secondary Celebration Event
- Great Teaching Toolkit Summer Learning Community

# Courses Available via School Development Team

The below courses are available to book with the SDT one of the three following ways:

1. Registered users can book through the online system SLA Online
2. Email the School Development Team at [School.development@cumberland.gov.uk](mailto:School.development@cumberland.gov.uk)
3. Call the SDT team on 01228 221315 / 221316

- Evidence Based School Improvement Beyond your WELL Plan
- Developing Great Teaching with the Great Teaching Toolkit
- WELL Pupil Premium Workshop with Marc Rowland (3 Sessions Available)
- WELL Pupil Premium Governor Webinar with Marc Rowland
- Youth Mental Health First Aid In-person Training (2 Day Course)
- Youth Mental Health First Aid Online Training (2 Day Course)
- Metacognition and Self-Regulated Learning (3 Day Course )
- Being an Evidence Informed Governor
- Evaluating Your Impact for Universal Grant Offer Schools (3 Sessions Available)
- Evaluating Your Impact for Targeted Grant Offer Schools (2 Sessions Available)
- Action Research Session 2: Planning for Evidence Collection (2 Sessions Available)
- MADE in Cumbria 2024 (Making a Difference in Education)
- Action Research 3: Re-energiser and Stock Take
- ELSA Conference (Bookings not available yet)
- Action Research 4: Write-Up Session ( 2 Sessions Available)